

## **MODIFIED RULES FOR 8v8 PLAY**

### **PLAYING FIELD**

The field dimensions shall be approximately 55 by 70 yards.

### **MARKINGS**

Penalty line is 14 yards outside the goal post and 14 yards from the goal line.

Penalty mark is 10 yards from the goal line

Penalty arc is 8 yards from the penalty mark and outside the penalty area

### **GOALS**

Approximately 6 feet tall by 6 yards wide, where available. Goals measuring approximately 6 feet tall by 6 yards wide must be used for all MTOC- and Nashoba Cup-level matches during the spring season.

### **NUMBER OF PLAYERS**

A team will consist of 8 players (including the goalkeeper) and a minimum of 6 players. The maximum roster size will be 15 players. The league recommended roster size is no more than 13 players.

### **THE BALL**

The ball size is #4 for U12, and #5 for all older age groups.

### **DURATION OF PLAY**

U12 8v8 games shall consist of two 30 minute halves with a half-time interval of 5 minutes.

HS 8v8 games shall consist of two 35 minute halves with a half-time interval of 5 minutes.

### **8-YARD RULE**

Opposing players shall be at least 8 yards from the ball on kick-off, corner kicks, direct kicks, and indirect free kicks, rather than the 10 yards as normally required for 11v11 play. On goal kicks opposing players are only required to be outside the penalty area.

### **GOALKEEPER SAVE**

After a goalkeeper takes possession, the ball must next touch a player or the field prior to entering the penalty area of the opposing team or there is a loss of the ball. Play restarts with an indirect free kick at the half way line. This rule applies to throws, punts and drop kicks.

### **GOAL KICK**

The goal kick shall be taken in the penalty area from anywhere at least 8 yards behind the penalty line. On a goal kick, the ball must next touch a player or the field prior to entering the penalty area of the opposing team or there is a loss of the ball. Play restarts with an indirect free kick at the halfway line.